

# SCHOOL MEALS



Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, soren and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.

## Week One

### Meat Free Monday

- Homemade Macaroni Cheese
- Vegetarian Sausage Roll baked diced potatoes and beans

Vanilla Ice Cream

### Tuesday

- Roast Gammon served with sage and onion stuffing creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

Cooks choice curry served with 50/50 rice

Fresh Fruit Segments or yoghurt

### Wednesday

- Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Hot Tuna Panini served with coleslaw, sweetcorn and salad

Homemade Blueberry Cake

### Thursday

- Oven baked Fish Fingers served with chunky chipped potatoes, garden peas or baked beans

Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

### Friday

- Cooks choice Homemade Lasagne or Pasta Bake served with seasonal vegetables

Homemade Cheese Fian served with baked Jacket wedges sweetcorn and salad

Jelly and Fruit



Menu cycle week one: 25<sup>th</sup> April, 16<sup>th</sup> May, 6<sup>th</sup> June, 27<sup>th</sup> June, 18<sup>th</sup> July, 8<sup>th</sup> August, 29<sup>th</sup> August, 19<sup>th</sup> Sept, 10<sup>th</sup> Oct

Menu cycle week two: 2<sup>nd</sup> May, 23<sup>rd</sup> May, 13<sup>th</sup> June, 4<sup>th</sup> July, 25<sup>th</sup> July, 15<sup>th</sup> Aug, 5<sup>th</sup> Sept, 26<sup>th</sup> Sept, 17<sup>th</sup> Oct

Menu cycle week three: 9<sup>th</sup> May, 30<sup>th</sup> May, 20<sup>th</sup> June, 11<sup>th</sup> July, 1<sup>st</sup> August, 22<sup>nd</sup> August, 12<sup>th</sup> Sept, 3<sup>rd</sup> Oct, 24<sup>th</sup> Oct

## Week Two

### Meat Free Monday

- Margarita Pizza served with herby diced potatoes, and sweetcorn

Homemade Oven Baked Omelette served with diced potatoes baked beans and fresh spinach

Vanilla Ice Cream

### Tuesday

- Roast Turkey with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

Chilli Beef served with 50/50 rice

Fresh Fruit Salad or Yoghurt

### Wednesday

- Hot Cheese and ham panini melt served with fresh salad and coleslaw

Spicy Quorn served with savoury rice and mixed vegetables

Jelly and Fruit

### Thursday

- Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

Red Tractor chicken gougons served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Biscuit

### Friday

- Homemade Spaghetti Bolognaise served with garden peas

Cooks choice Homemade Carrot Cake or Banana and Cat Cake



## Week Three

### Meat Free Monday

- Homemade Tomato and Mascarpone Pasta Bake served with seasonal vegetables

Quorn nuggets with baked herby diced potatoes, and sweetcorn

Vanilla Ice Cream

### Tuesday

- Roast Chicken sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and fine beans and gravy

Fish Finger, creamed potato, carrots and fine beans

Fresh Fruit Segments or Yoghurt

### Wednesday

- Chicken Tikka Masala served with 50/50 rice

Vegetarian Burger in a bun Baked wedged potatoes and coleslaw

Homemade Flapjack

### Thursday

Seasoned Chicken Fillet served with chunky chipped potatoes, garden peas or baked beans

Oven baked Battered fish served with chunky chipped potatoes, garden peas or baked beans

Cooks Choice Toffee Date Cake or Chocolate Cake with Orange

### Friday

- Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

Cooks choice Hot Panini or Wrap served with fresh salad and coleslaw

Jelly and Fruit



## School Menu Spring/Summer 2022



= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website [www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council

